



Heneiddio'n Dda
yng Nghymru

Ageing Well
in Wales



What is it	Dementia Cafes Dementia cafes in North Wales
Where is it	Denbighshire, Wrexham, Conwy, Flintshire and Powys
Why is it interesting	<ul style="list-style-type: none"> • The contribution a Dementia Café makes to people with dementia and their carers in terms of living well • Externally evaluated initiative
Who is involved	Alzheimer's Society and Denbighshire County Council
Benefits for older people	<ul style="list-style-type: none"> • An opportunity for people with dementia and their carers to meet regularly in an informal setting • A supportive environment where the diagnosis of dementia and its consequences can be discussed with peers and health professionals • Practical information and advice in a non institutional setting • Social isolation, stigma and learning outcomes more clearly met
Contact Details	North Wales Alzheimer's Society 01248 671137 nwa@alzheimers.org.uk