



Meddyliwch am Gwmpo!

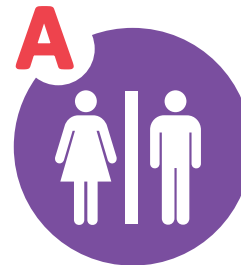
Gallwch osgoi cwmpo



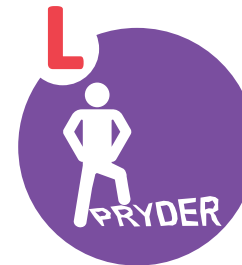
Adref



Trafod



Anhawster
Dal Dŵr



Lleihau
Pryder



Cadw'n Iach



Welwch chi
problem?



Y Llygaid



Meddygyniaethau



Pergyl
Heintiau



Offer